

M

Mouth Care Pack after 24 hours of admission

O

Oral assessment

U

Unhealthy mouth & the affects on nutrition, hydration & dignity

T

Tools & products

H

Help & level of support

S

Sunflower & denture care

What is MOUTHS?

MOUTHS is an acronym designed to help remember the 6 key points for carrying out good mouth care.

By using MOUTHS in patients daily mouth care routine, their overall dignity and wellbeing will be greatly improved.

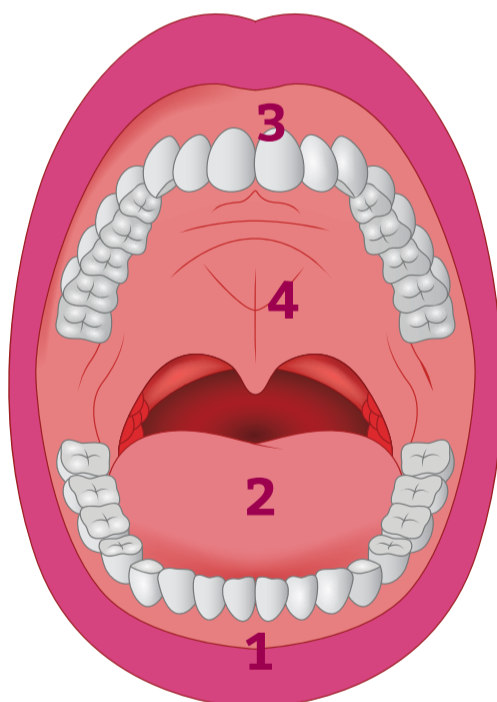
The Mouth Care Pack...

Screening sheet

Mouth care assessment

Daily recording sheet

What to look for?



- 1** Lips: Pink & moist
- 2** Tongue: Pink, moist & clean
- 3** Teeth & gums: Clean, teeth are not broken or loose. Gums are not bleeding / inflamed
- 4** Cheeks / palate / under tongue: Clean, saliva present & looks healthy
- 5** Dentures: Clean & comfortable
It is important that both the dentures and the mouth are cleaned daily

5 How to remove & clean a denture



Tools



Small headed toothbrush



Dry mouth gel



Non-foaming toothpaste



Named denture pot (if applicable)

Remember



Denture sunflower

Place the sunflower at the bedside to easily identify patients who have dentures to help reduce loss or damage